

NH Farm to School Program

Office of Sustainability Programs
University of New Hampshire
107 Nesmith Hall
131 Main Street
Durham, NH 03824



District Food Service Director:

The New Hampshire Farm to School (NH FTS) Program is designed to connect local farms and farm products to New Hampshire classrooms and cafeterias by integrating agricultural production, school food procurement, and school curriculum. This means that by purchasing local New Hampshire products you will be helping to promote NH agriculture and inspire healthy food choices. The program now works with apples, but is dedicated to the idea of integrating as many New Hampshire foods into the schools as possible. The goal is to develop a healthy, community-based, community-supported school food system.

Part of this food system is to **educate students** about the ecological, social and health reasons for buying locally grown products. As a Food Service Director you have a daily opportunity to teach the students and staff at your schools about the benefits of buying local products.

You have access to all of the resource material and educational outreach programs that we here at the NH Farm to School office have to offer. Our resources for you include colorful, NH FTS posters, lunch menus using local products, studies on food policy, finances, procurement, facilities design, and marketing as well as web resources for you to access. The goal is to create a whole-school learning environment that encompasses the goals of Farm to School. We are also available to do talks, presentations, apple tasting, curriculum development, and workshops.

We would love to help connect you with a local apple grower as well as other local producers. To find out where the local producers are in your area and for information on how to start purchasing locally please contact us and visit our website where you will find a dedicated food service section.

NH FTS is moving to a web-based system! This means that all of the resource material, letters to district constituents, posters, and curriculum will be available online in PDF format from our website, www.nhfarmtoschool.org. Please visit the site frequently to see what is available.

Thank you for support in helping us to promote our state's agricultural economy and inspiring our students to make healthy and local food choices. Please contact us for help in getting started.

www.nhfarmtoschool.org

**For more information contact the NH Farm to School Program
NH.FarmToSchool@unh.edu or 862-4088**

You can help us make this program a great success by purchasing local products, by hanging up NH FTS posters and by talking to teachers, administrators, and students about what you are doing.

