

new hampshire
farm to 
school
Summer Institute

NH Farm to School Summer Institute
University of New Hampshire, Durham
June 24-26, 2019

Are you and your school or organization actively working with others in your community to increase access to local, healthy foods? Do you want to build skills to help accelerate and sustain your work and build stronger community connections? If so, consider applying for the institute!



The 2nd annual **NH Farm to School Summer Institute** is being offered this June for selected teams from New Hampshire communities who are committed to increasing access to local, healthy food options in their school cafeterias, hospitals, and other community locations. The Summer Institute is part of the Beacon Communities" [pilot project](#), which has been working with Somersworth, Nashua, and Colebrook to advance community goals of creating healthy communities and increasing access to local foods. In 2018, the first summer institute hosted teams from Berlin, Epping, Laconia and Pittsfield. Located at UNH in Durham, the Summer Institute will include team building, hands-on activities, practical skill building, and great food and fun!



Benefits of Participation

The NH Farm to School Summer Institute will enable you and your team to:

- Dig Deeper— expand your knowledge about practical topics and build skills to motivate and sustain the commitment of your team, volunteers, and community partners
- Collaborate--strengthen your local team/network' s shared vision and develop an action plan for your community to advance multiple goals that support greater access to healthy, local foods
- Connect to other communities—network with a cohort of leaders in the state, share experiences and innovations, and have fun!
- Professional Development Certificate of Participation
- Post-Institute support from NH Farm to School
- Post-institute funds to support local coordination and/or projects in your community

Eligibility

- Team of 4-6 people from a community based in New Hampshire seeking to improve their networks and activities for access to healthy local food, including in areas such as Farm to School, food security, hospitals, community gardens, and/or other programs
- Diverse team that includes representatives from several areas such as schools (e.g., teachers, food service, nurses, administration) hospitals, public health networks, community gardens, and farmers.
- Each team must include at least 1 representative from their community' s public-school system and must demonstrate support from the school administration.
- All team members are available to attend the full Institute and do some pre-work, including a team meeting before the Institute
- Three to five teams will be selected to participate

What to Expect & Logistics

- Workshops, hands on activities, and team planning time at the UNH Durham campus
- Lessons learned from Beacon Community project and first institute
- Share and learn from the other community teams
- Connect to leaders in the state who can support your work including the Beacon Community partner organizations, their resources and networks
- All meals and campus lodging are provided
- Follow up and post-institute support from NH Farm to School
- **Deadline for application: March 8, 2019**

Apply!

Please fill in the [online application](#) with answers to the questions below!

Name of Community:

4-6 Team Members: (Must include a mix from varied organizations including school representation)

1. Describe current community efforts around healthy eating and access to local foods (e.g. farm to school or hospital, community and school gardens, farmers' markets, community food and nutrition education) and how your team's goals align with these efforts.

2. Are there any formalized goals or plans the team would like to align with (i.e. school wellness policy, community health improvement plan)?

3. What is your team's aspiration and interest in attending the Institute?

4. What challenges could your team use support on by participating in the Institute?

5. What questions are you most interested in exploring during the Institute, and what do you want your team to learn through this process?

6. How does race and equity show up in your work? What skills and capacities would you like to develop in this area?



***Please submit the completed application along with a letter of support from school administration by *March 8, 2019*.**

Teams will be notified of their acceptance by *April 1, 2019*.

Upon acceptance, teams will need to complete a pre-institute rubric, plan to attend a team meeting in your community facilitated by NH Farm to School, and register for the institute identifying lodging and special diet needs.

Questions? Contact Stacey.Purslow@unh.edu or 603-862-2542