



NH Farm to School Case Studies

Boscawen Elementary School
Boscawen, NH

“ I like gardening, its so peaceful” says a second grader.

In the courtyard of Boscawen Elementary School, safe from hungry animals, is the school’s vegetable garden and hoop house. The garden project is part of the “Healthy You” curriculum that teaches nutrition, exercise and dental care. The garden got it’s start thanks to Eagle Scout Tyler Robinson, who was responsible for the hoop house and to Joanne Davis, former teacher, who applied for and received an ING ‘Unsung Heroes’ grant to provide

the raised beds, watering cans, tables and bins and some tools.

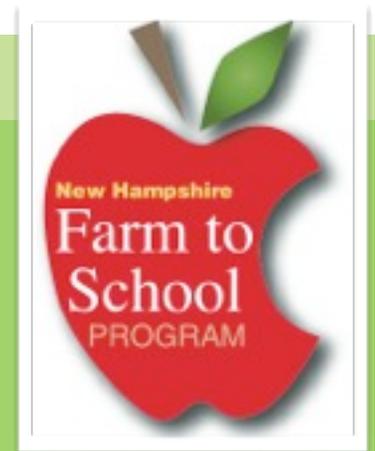
Andy Messenger, a farm hand at The Vegetable Ranch in Warner, NH and son of Joanne Davis, has taken the lead on getting the garden planted this spring. The second graders planted peas, fava beans, kohlrabi, spinach and lettuce both in the hoop house and in the raised beds. They carefully measured the distance between seeds, planted the seeds and covered them up marking each row to indicate what’s been planted. These cold-hardy vegetable crops were chosen because they can be harvested by

the end of the school year and the students can taste them either in the classroom or cafeteria. Wheat will also be grown to be cut and used as mulch.

The hoop house will be utilized to start eggplant, tomatoes, peppers and squash. These vegetable seedlings are going to be grown and then sold to help raise money to sustain the school garden project.

Information about the ING ‘Unsung Heroes’ grant and other grant opportunities can be found here: <http://nhfarmtoschool.org/resources/schoolgrants>

NH Farm to School (NHFTS) is a statewide program working to connect NH farms and schools. Farm to school connections enable schools to serve healthy, locally grown foods in their cafeterias, integrate farms, food, and nutrition into their curriculum, and explore food and agriculture-based learning opportunities. NHFTS is a program of the University of New Hampshire's Sustainability Academy, and is grateful for the generous support of Share Our Strength and the New Hampshire Charitable Foundation.



www.nhfarmtoschool.org