

NH Farm to School Program

Office of Sustainability Programs
University of New Hampshire
107 Nesmith Hall
131 Main Street
Durham, NH 03824



Dear New Hampshire School Administrator:

The New Hampshire Farm to School (NH FTS) Program is designed to connect local farms and farm products to New Hampshire classrooms and cafeterias by integrating agricultural production, school food procurement, and school curriculum. The goal is to develop a healthy, community-based, community-supported school food system.

Part of this food system is to **educate students** about the ecological, social and health reasons for buying locally grown products. As a school administrator, you are in a unique position to integrate those components into your school curriculum and cafeteria. The NH FTS Program has assembled the resources that can be used to link the tenets of FTS to what your staff is already teaching.

The curriculum and materials we have for your use cover every subject and every grade level. We also have a wealth of online resources that you and your staff can access at anytime in order to do further research or to give to students. Our goal is to expand the way students, parents, food service directors, and the entire school district thinks about food. By integrating FTS into your school you can help fulfill that goal.

We are available to visit your school to give presentations, run workshops, do an apple tasting, help with lessons and much more. Just give us a call or send us an e-mail.

NH FTS is moving to a web-based system! This means that all of the resource material, letters to district constituents, posters, flyers, bookmarks and curriculum will be available online in PDF format from our website, www.nhfarmtoschool.org. Please visit the site frequently to see what is available.

The first step you can take is to find out if you are a participating school. Ask your Food Service Director if your school gets NH FTS apples and cider or any other local NH products. If they do GREAT, you are on your way. If not, tell them about the program, encourage them to purchase local products, direct them to the website, then have them contact us to get started. As an administrator you can become a participating school by contacting us and getting resource material.

We look forward to working with you and please don't hesitate to get in touch with us.

www.nhfarmtoschool.org

For more information visit our website or contact the NH Farm to School Program at NH.FarmToSchool@unh.edu or 862-4088

Speak with your food service director and the educators in your school about the FTS Program!