

## NH Farm to School Program

Office of Sustainability Programs  
University of New Hampshire  
107 Nesmith Hall  
131 Main Street  
Durham, NH 03824



Dear New Hampshire School Educator:

The New Hampshire Farm to School (NH FTS) Program is designed to connect local farms and farm products to New Hampshire classrooms and cafeterias by integrating agricultural production, school food procurement, and school curriculum. The program now works with apples, but is dedicated to the idea of integrating as many New Hampshire foods into the schools as possible. The goal is to develop a healthy, community-based, community-supported school food system.

Part of this food system is to **educate students** about the ecological, social and health reasons for buying locally grown products. As an educator, you are in a unique position to integrate those into your classroom curriculum. The NH FTS Program has assembled the resources and the materials you can use to link the tenets of FTS to what you are already teaching. For example: we have economics curriculum on “food miles”, the true cost of food that is imported; we have history lessons on the impact of apples, farms, and farming on civilizations; we have resources for English teachers including literature and poetry; we have science materials on ecology and sustainable agriculture.

This is only a sampling of what we can provide for you. The curriculum and materials we have for your use cover every subject and every grade level. Our goal is to expand the way students, parents, food service directors, and the entire school district thinks about food. By integrating FTS into your classroom you can help fulfill that goal.

We are available to visit your school and your classroom to give presentations, run workshops, do an apple tasting, help with lessons and much more. Just give us a call or send us an e-mail.

The first step you can take is to find out if you are a participating school. Ask your Food Service Director if your school gets NH FTS apples and cider or any other local NH products. If they do GREAT, you are on your way. If not, tell them about the program, encourage them to purchase local products, direct them to the website, then have them contact us to get started. You as a teacher can always participate by contacting us and getting resource material or by letting us know what you are doing in your classroom.

**NH FTS is moving to a web-based system! This means that all of the resource material, letters to district constituents, posters, and curriculum will be available online in PDF format from our website, [www.nhfarmtoschool.org](http://www.nhfarmtoschool.org). Please visit the site frequently to see what is available.**

We look forward to working with you and please don't hesitate to get in touch with us.

**[www.nhfarmtoschool.org](http://www.nhfarmtoschool.org)**

**For more information visit the website or contact the NH Farm to School Program at [NH.FarmToSchool@unh.edu](mailto:NH.FarmToSchool@unh.edu) or 862-4088**

**Talk to your food service director, principal and colleagues about this program**